

EPIC STRIDES JANUARY NEWSLETTER

www.epicstrides.net

2018
Happy
New Year

EPIC NEWS

Important Dates
Mark Your Calendars!
January Closings

WINTER CLOSING
We will be closed
January 1st-2nd

REMINDER
Parents: Please submit
your new insurance
cards for 2018 if your
policy changed.

New Year, New Strides!

In 2018, we are preparing to bring you, our customer, an even better experience. Please be on the look out for more details to come.

Happy New Year to our Epic Strides Family!

Epic Strides



Parent Resources


AUSome Moms
*AUSomeMoms.org

TACA
*www.tacanow.org
/local-chapters/
midwest/texas/

National Autism
Association
*naa-nt.org

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DID YOU KNOW?

*All snowflakes have 6 sides

*The most snow ever recorded in 24 hours in the U.S. was at Silver Lake, Colorado, in 1921 at 76 inches.

*The Disney movie Frozen (2013) is the highest-grossing animated musical film of all time

*The Chinese plum is one of the very few plants that bloom in the winter.



#HAPPYNEWYEAR

EPIC UPCOMING EVENTS

2/17 - Sensory-Friendly “The Very Hungry Caterpillar Performance” at 1:30pm and only \$5 per person at the Dallas Childrens Theater. Visit www.dct.org to get your tickets today and enjoy the Magic of Live Theater!



FUN-FILLED ACTIVITIES

- 1/7 - Sensory-Friendly Chuck E Cheese visits on the 1st Sunday of the Month: 9am-11am - Locations: Fort Worth, Garland, Plano, & Grapevine
- 1/7 - Sensory-Friendly Urban Air Jump on the 1st Sunday of the Month: 10am-12pm for \$12/kid - Locations: Arlington, Dallas, Coppell, Bedford, Fort Worth, Rockwall, Garland, & Southlake

PARENT CONNECTIONS

A time to connect with like-minded parents in areas around the metroplex.

- 1/10 - TACA Night at Legacy Hall in Plano, TX
- 1/19 - Join TACA at Lake Pointe Church in Rockwall, TX at 10am. You will leave with take-home resources, ideas, and information



MOVIE CENTRAL

- 1/9 - Sensory-Friendly Movies: The Greatest Showman is playing
- 1/13 - Sensory-Friendly Movies: Ferdinand is playing
- 1/23 - Sensory-Friendly Movies: 12 Strong is playing
- 1/27 - Sensory-Friendly Movies: Paddington 2 is playing