

EPIC STRIDES FEBRUARY NEWSLETTER

www.epicstrides.net



EPIC NEWS

Important Information

REMINDER
Our Offices will close
at 2:00pm
February, 15th, 2018
for staff training

Valentine's Day Party
February 14th
Wear Red!

You Make Life A
Little Sweeter!

We love the lengths our staff will go to for our clients. We are truly a family here at Epic Strides.

XOXO
Epic Strides



Parent
Resources

The Miracle League DFW
*www.miracleleaguedfw.com

Special Strong
*www.specialstrong.com

Equest
*www.equest.org/programs/

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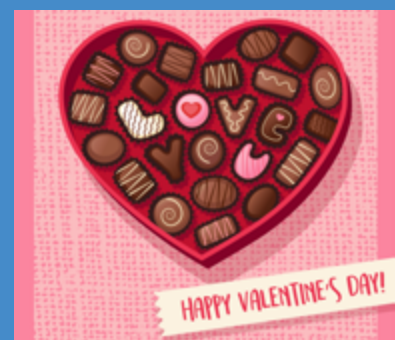
DID YOU KNOW?

*400 cocoa beans to make one pound of chocolate

*About 1.5 million cocoa farms in West Africa

*Chocolate can make dogs and cats ill

*Research to date supports that chocolate can be enjoyed as part of a balanced, heart-healthy diet and lifestyle



#VALENTINESDAY

EPIC UPCOMING EVENTS

2/17 - Sensory-Friendly “The Very Hungry Caterpillar Performance” at 1:30pm and only \$5 per person at the Dallas Childrens Theater. Visit www.dct.org to get your tickets today and enjoy the Magic of Live Theater!



SELF-ADVOCACY GROUP

- 2/6 - For Teens (7th Grade and up) & Adults with Autism Participants will learn about autism and its' effect on their lives while developing a great appreciation for their individual gifts and talents. Bring an object, book, picture or other item that represents your talents and interests, \$5.00 to pay for pizza, snacks and drinks. 7:00 pm. St. Andrew UMC 1401 Mira Vista Blvd., Plano, TX 75093 Questions? call 214.925.2722

PARENT CONNECTIONS

A time to connect with like-minded parents in areas around the metroplex.

- 2/13 - NAA-NT: Original Pancake House, 2301 North Central Expwy #156 Plano, TX 75075; 9:30am-11:00am
- 2/16 - TACA Texas Coffee Talk Panera Bread, 200 Town Center Blvd, Garland, Texas 75040; 10:00am-11:30am
- 2/20 - NAA-NT: Corner Bakery 2401 Preston Rd A, Plano, TX; 11:30am-1:00pm



MOVIE CENTRAL AMC Stonebriar 24

- 2/10 - Sensory-Friendly Movies: Peter Rabbit is playing
- 2/13 - Sensory-Friendly Movies: The Maze Runner: The Death Cure is playing
- 2/24 - Sensory-Friendly Movies: Peter Rabbit is playing
- 2/27 - Sensory-Friendly Movies: Black Panther 2 is playing