

February 2020  
**EPIC STRIDES**

The Official Newsletter of Epic Strides

## EPIC REMINDERS

Our offices will be closed Thursday, February 20th for training at 4:15pm.

## CHILDREN'S THEATER

SCHOOLHOUSE ROCK LIVE! -  
February 15th

There's no time like the present to start teaching the rest of the family such megahits as Conjunction Junction, Just A Bill, Three Is A Magic Number, and others so everyone can be a part of the show! Join nervous school teacher Tom, and all of those crazy cartoon characters, for a blast you won't soon forget! Recommended for ages 5 and up. The show begins at 1:30pm and it is only \$5 per person at the Dallas Children's Theater. Tickets are on sales now.

Visit <https://www.dct.org/sensory/> to get your tickets!

## WE HEART YOU!

WHAT DID ONE VOLCANO SAY TO THE OTHER?  
- I LAVA YOU

We are looking forward to spreading a little love this February.

## STUDIO MOVIE GRILL

SENSORY FRIENDLY

Special needs children and their siblings are free. All other tickets are just \$6. Tickets are at the box office only.

### **FEB 22: SONIC THE HEDGEHOG**

Available at all Studio Movie Grill locations, except the Epicenter.

## EPIC STRIDES RED / PINK OUT WEEK

IN OUR OFFICE

Wear your red and pink ALL WEEK! February 10th-14th.



## FORT WORTH ZOO

SENSORY FRIENDLY

The Fort Worth Zoo will host its 1st Sensory Friendly Day on Saturday, **February 8th**. The zoo will open an hour early at 9:00am for those on the autism spectrum and have sensory sensitivities.

## AUTISM ON A BUDGET

Wednesday, February 19 - 12:00pm  
- 1:00pm

Listen & Learn from your computer. TACA brings the latest information to you from the National TACA Autism Conference.

RSVP to obtain the log-in information and set aside 55 minutes for learning all about exploring strategies and tips to strengthen you as a caregiver to keep you going and to help you thrive. Moira Giammatteo, has spent the last 20 years volunteering, and working for TACA in various roles.

RSVP: <https://tacanow.org/local-chapters/midwest/texas/>



## PARENT TIP FOR FEBRUARY:

BE SURE TO PRACTICE SKILLS LEARNED IN ABA IN OTHER ENVIRONMENTS. ASK YOUR CONSULTANT WHAT SKILLS YOUR CHILD HAS RECENTLY MASTERED AND HOW BEST TO PRACTICE THEM.