

# EPIC STRIDES DECEMBER NEWSLETTER

www.epicstrides.net



## EPIC NEWS

Important Information  
REMINDERS

**PAJAMA DAY  
DECEMBER 20TH**

**CRAZY SWEATER DAY  
DECEMBER 21ST**

**WINTER CLOSING**

We will be closed for the following dates:  
**December 24th-26th, 31st  
January 1st**

### Happy Holidays to You!

*What a great year it has been! We are so happy we were able to share it with you. We are grateful for our Epic Strides Family!*

### Parent Resources

The Miracle League DFW  
[\\*www.miracleleaguedfw.com](http://www.miracleleaguedfw.com)

Special Strong  
[\\*www.specialstrong.com](http://www.specialstrong.com)

Equest  
[\\*www.equest.org/programs/](http://www.equest.org/programs/)

### Free Dance Class

The Shining Stars dance program is now enrolling special needs children & young adults for Saturday classes, beginning at 9:00-9:45am for ages 6-12 and 10:00-10:45am for ages 13+. They serve all ability levels and have "buddies" for each student so that everyone has their specific needs met in a safe and fun environment. Come enjoy class parties and an annual recital in May 2019! It is 100% free for them to participate. Contact Megan Taylor, at 469-909-7403 or via email at [megan.taylor@chamberlainperformingarts.org](mailto:megan.taylor@chamberlainperformingarts.org) for any questions.

*Epic Strides*



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We wish you a Happy Holidays and a Happy New Year!

# EPIC UPCOMING EVENTS

1/5 - The Snowy Day and Other Stories by Ezra Jack Keats. Oh, the magic of childhood! Follow Peter and his friends as they enjoy the excitement of a fresh snowfall, the delight of whistling for the first time, the awe in finding a special treasure, and the feelings of a first crush. It begins at 1:30pm and only \$5 per person at the Dallas Childrens Theater. This musical is a fantasy adventure filled with wonderful songs and dances of the season! Visit <https://www.dct.org/sensory/> to get your tickets today!



## COMMUNITY

- Holiday Autism Activity Day - Grapevine
- Centria Autism presents crafts, coloring, face painting, puzzles, photo booth, games, & more on Saturday, December 8th from 3:30pm-5:30pm. Be sure to get your photo taken with Santa and his elves. Reserve free ticket today via Eventbrite.

## PARENT CONNECTIONS

A time to connect with like-minded parents in areas around the metroplex.

- 12/8 - Join TACA for a Holiday Day Out! This special crafty event is especially for caregivers who want to get connected to those who understand the challenges and rewards of being on this journey. At Humperdinks Brewpubm 700 Six Flags Drive, Arlington, TX 76011 from 12-2pm.
- 12/14 - Come for a moderated discussion, ideas, & information aimed to help parents plan their holidays with their child's unique needs in mind. Let's put together a great gift list for your child. Join us from 10am-11:30am at La Madeleine, 987 E Interstate 30, Rockwall, TX 75087-4824



## MOVIE CENTRAL AMC Stonebriar 24

- 12/8 - Sensory-Friendly Movies: Ralph Breaks the Internet
- 12/11 - Sensory-Friendly Movies: Creed II
- 12/22 - Sensory-Friendly Movies: Spider-Man: Into the Sprider-Verse

