



EPIC NEWS

The Official Newsletter of Epic Strides

EPIC REMINDERS

- Our Epic Strides Office will be closed Monday, September 5th for the Labor Day Holiday.

A Joke from Epic Strides...

Why do beets always win?

They are un-beet-able.

CRAYOLA EXPERIENCE PLANO

Sensory-Friendly Activities

Sensory Friendly Sundays at Crayola Experience Plano are back! See Upcoming Dates Below:

- September 18th -

On the third Sunday of select months Sensory Sundays are offered. These special mornings are designed for kids and families who would like to experience the attraction adapted just for sensory needs. The attraction opens at 10:00am.

- Lights will be dimmed
- Music will be turned off
- Quiet room available
- Paper Towels available in the restrooms
- Special guided craft at Cafe Crayola
- Crayon Factory Show @ 11:00am

SEPTEMBER PARENT TIP

MAKE HAVING FUN A PRIORITY

A child with autism is still a child. There needs to be more to their lives than just therapy and drills for both parents and children. Try to schedule playtime when your child is most awake, alert, and feeling positive. Find ways to have fun together by considering what makes them smile, laugh, or feel extroverted. Take a break from therapeutic and educational activities. Sometimes a kid needs to be a kid, and your company alone is rewarding. Create unpressured time with family. Remember, play is an essential component of learning, and with the proper therapist, learning should never feel like work.

--ABA Centers of America





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