



JULY 2023

# EPIC STRIDES NEWS

The Official Newsletter of Epic Strides



VISIT OUR WEBSITE



Q: What do ducks love about the 4th of July?



A: Fire-Quakers!

## LOCAL ACTIVITIES

### SENSORY FRIENDLY ACTIVITIES

Checkout this list of fun local activities to do in the Dallas/Fort Worth Metroplex. <https://dfwchild.com/sensory-friendly-attractions-in-dallas-fort-worth/>

## SUMMER FUN

### SENSORY FRIENDLY SWIM City of Plano Parks & Recreation

Sensory swim is an exclusive time at Plano pools for children with Autism Spectrum Disorders (ASD) and sensory processing differences to have a fun, interactive learning experience in a comfortable environment.

Cost is regular admission and participants are welcome to stay once the pool opens to the public. Sensory Days:

- JULY 2ND - 11AM-1PM - Tom Muehlenbeck Recreation Center
- JULY 8TH - 10AM-12PM - Jack Carter Pool
- JULY 14TH - 11AM-1PM - Carpenter Park Recreation Center
- JULY 16TH - 11AM-1PM - Oak Point Recreation Center
- JULY 22ND - 11AM-1PM - Liberty Recreation Center
- JUNE 23RD - 11AM-1PM - Tom Muehlenbeck Recreation Center
- JULY 29TH - 10AM-12PM - Jack Carter Pool



**HAVE AN EPIC 4TH OF JULY!**

## EPIC REMINDERS

Our office will be closed Tuesday, July 4th in observance of the 4th of July holiday.

Epic Strides will close on July 20th for training at 4:00pm.

## PARENT SAFETY REMINDER

Please drop off your child with a therapist or speech provider. The front door now needs to be opened using a unique door code.

## JULY PARENT TIP

### 7 AUTISM-FRIENDLY AMUSEMENT PARKS EVERYONE WILL LOVE

1. Aquatica Orlando—Orlando, Florida
2. Sesame Place—Philadelphia, PA
3. LEGOLAND Florida Resort—Winter Haven, Florida
4. Thomas Land at Edaville Family Theme Park—Carver, Massachusetts
5. Morgan's Wonderland—San Antonio, TX
6. Dollywood—Pigeon Forge, Tennessee
7. Autism-Friendly Day at Six Flags Great Adventure & Safari—Jackson, New Jersey

## CRAYOLA EXPERIENCE PLANO

### Sensory-Friendly Activities

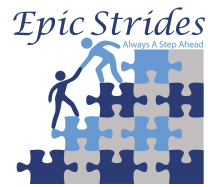
Sensory Friendly Sundays at Crayola Experience Plano are here! See Upcoming Dates Below:

- July 16th -

On the third Sunday of select months Sensory Sundays are offered. These special mornings are designed for kids and families who would like to experience the attraction adapted just for sensory needs. The attraction opens at 10:00am-12:00pm.

- Lights will be dimmed & Music will be turned off
- Quiet room available
- Special guided craft at Cafe Crayola
- Crayon Factory Show @ 11:00am

JUNE 2023



# SUMMER FUN

