



DECEMBER 2024

# EPIC STRIDES NEWS

The Official Newsletter of Epic Strides



VISIT OUR WEBSITE

## EPIC REMINDERS

Please call Epic Strides main number for all scheduling related questions: 972-596-0035.

**Early Closings:** Dec 20th at 3:00pm and Dec 31st at 2:00pm

**Office Closings:** Dec 24th & 25th and Jan 1st

## DECEMBER PARENT TIP

### MAKE TRAVEL PREPARATIONS EARLY ON

Perhaps you are flying for the first time or you are going on a longer car ride than normal. Make sure to prepare early and put in place special plans for your child.

Families are encouraged to call TSA Cares so accommodations can be made for their flight. This is even more important during holiday travel when airports are busier and louder than normal.

- TSA Cares Link: <http://www.tsa.gov/traveler-information/travelers-disabilities-and-medical-conditions>
- TSA Cares toll free: 1-855-787-2227
- E-mail: [TSA-ContactCenter@dhs.gov](mailto:TSA-ContactCenter@dhs.gov)

## SENSORY FRIENDLY EVENTS

### CHUCK E. CHEESE

1st Sunday of every month, participating Chuck E. Cheese locations.  
**Plano:** 1604 Preston Road, Plano TX 75099  
**December 1, 9:00am - 11:00am**

### CRAYOLA EXPERIENCE

Join us on the third Sunday of each month for Sensory Sunday! Enjoy the attraction adapted just for sensory needs.  
**December 15, 11:00am - 1:00pm**

## PHOTOS WITH SANTA

**DATE: SUNDAY, DECEMBER 8TH**

What's Christmas without a chance to meet and take a photo with Santa? Check out one of the following opportunities to continue this holiday tradition in a quieter, less-crowded, sensory-friendly setting. There is no cost to book a reservation, and photo package purchases are optional. Santa, staff, and volunteers are trained to understand the needs of guests who are on the autism spectrum or have sensory sensitivities. Book reservations by location [here](#).

- Santa Cares at Willow Bend Mall  
Location: 6121 West Park Blvd, Plano, TX 75093 (Neiman Marcus Court)
- Santa Cares at Grapevine Mills Mall  
Location: 3000 Grapevine Mills Pkwy, Grapevine, TX 76051 (Entry 5, near Levi's)
- "Quiet Santa" at Watters Creek  
(reserve [here](#) instead of Santa Cares website)  
Location: 970 Garden Park Dr, Allen, TX 75013

## SENSORY FRIENDLY NIGHT

**THE DALLAS ZOO**  
650 S R.L. THORNTON FWY,  
DALLAS, TX 75203

Experience the magical sight of more than 2 million lights, glowing lanterns, and more at the Dallas Zoo. The evening will feature low volume music, activities for smaller crowds, safe havens throughout the zoo, a sensory station, and a meet-and-greet with Santa Claus. Visitors may also borrow sensory bags with noise-cancelling headphones and a fidget toy for the evening.

Purchase tickets [here](#).

**Date:** December 16 from 5:30-10:00 PM

**Cost:** \$19 for adults, \$15 for youth

## THE NUTCRACKER BALLET

**MOODY PERFORMANCE HALL**  
2520 FLORA ST, DALLAS, TX 75201

Audience members can enjoy a special sensory performance of this seasonal classic. Adaptations include lower sound levels, brighter lighting, and relaxed house rules which allow guests to move freely and talk during the performance.

Trained staff, ushers, and volunteers will be available for assistance as well. Find more info and purchase tickets [here](#).

**Date:** December 21 at 2:00 PM

**Cost:** \$28-\$68 depending on seat selection





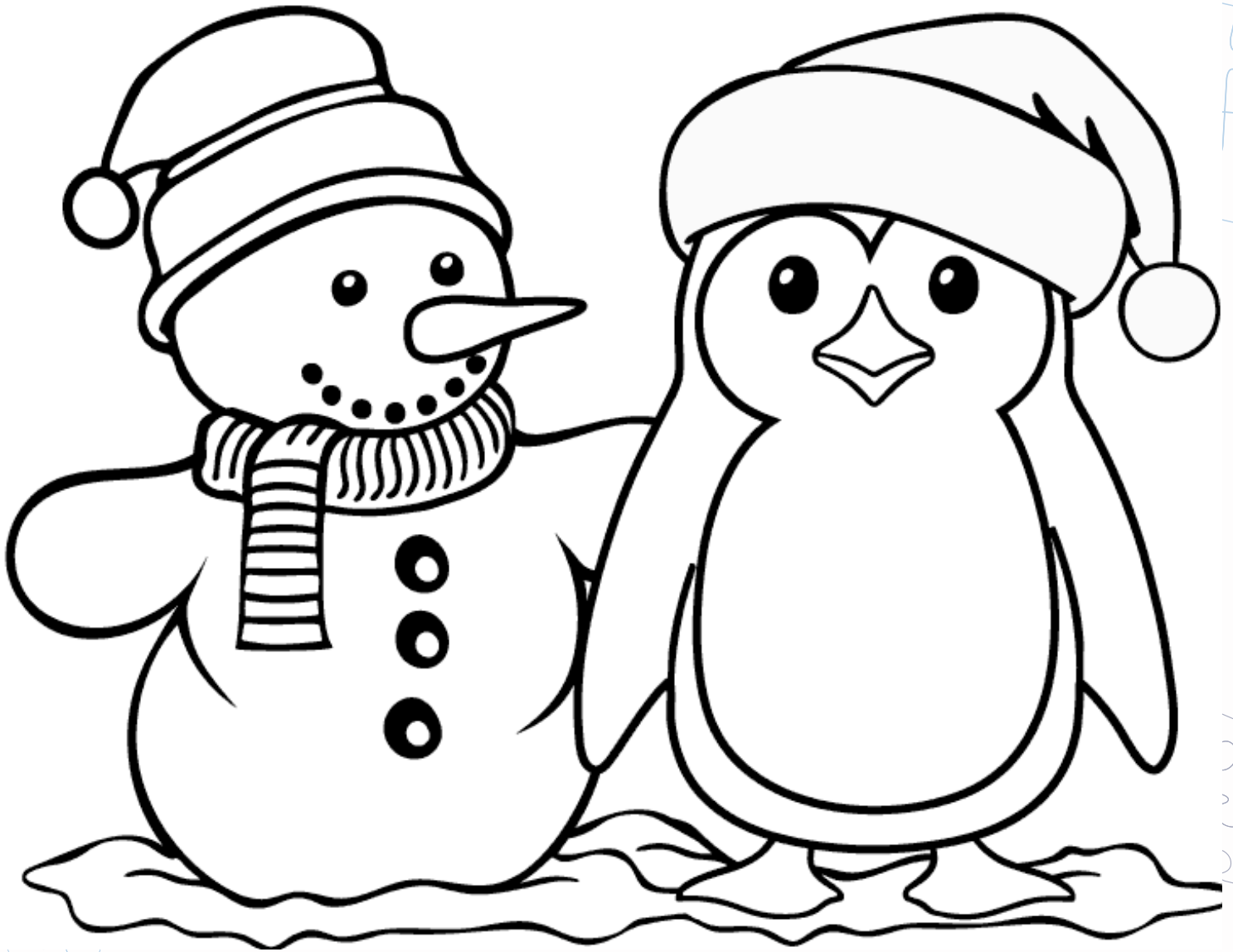
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# HAPPY HOLIDAYS