



APRIL 2025

EPIC STRIDES NEWS

The Official Newsletter of Epic Strides



VISIT OUR WEBSITE

EPIC REMINDERS

Please call Epic Strides main number for all scheduling related questions: 972-596-0035.

April is Autism Acceptance Month!

Our office will be closed Friday, April 18th

APRIL PARENT TIP

PRIORITIZE COMMUNICATION

A key tip for parents of autistic children during Autism Acceptance Month (April) is to prioritize open communication and respect your child's preferred language and self-identification when discussing autism.

- Ensure you use terminology they are comfortable with.
- Actively listen to their needs and perspectives.
- Always advocate for their individual experiences.

CRAYOLA EXPERIENCE PLANO

SENSORY-FRIENDLY ACTIVITIES

Sensory Friendly Sundays at Crayola Experience Plano are here! See dates below:

- APRIL 20TH -

On the third Sunday of select months Sensory Sundays are offered. These special mornings are designed for kids and families who would like to experience the attraction adapted just for sensory needs. The attraction opens at 10:00am-12:00pm.

- Lights will be dimmed & Music will be turned off
- Quiet room available
- Special guided craft at Cafe Crayola
- Crayon Factory Show @ 11:00am

SENSORY-FRIENDLY BUNNY

APRIL 6TH - EASTER PHOTOS

TIME: 9:00AM - 10:45AM

Sensory Bunny is an event exclusively for children & families with special needs to visit with Bunny in a sensory-friendly environment.

During this event, families visit the Easter Bunny at their own pace before the mall opens to the public. Sensory triggers including music, fountains, and lights are limited to create a setting that is calm and comforting.

Each child in attendance will receive one goodie bag with the purchase of a photo package. Limited supply. While supplies last.

Location: The Shops at Willow Bend, 6121 W Park Blvd, Plano, TX

Sensory Bunny is held in partnership with Autism Speaks.

BUILD-A-BEAR

SENSORY FRIENDLY EVENT EVERY TUESDAY FOR THE FIRST HOUR OF THE DAY

Build-A-Bear Workshop means fun for everyone! We're proud to support children with autism and other special needs by providing sensory-friendly events at all Workshop locations.

Sensory-Friendly time is designed to provide a less-stimulating Workshop experience that's still fun-filled and unforgettable.

Our Bear Builders are here to make sure each Guest goes through the Build-A-Bear experience in a way that's comfortable for them. To ensure the BEARY best experience, please talk to an associate to check store hours and plan your visit.



EGG HUNT

SENSORY FRIENDLY EGG-STREME EASTER HUNT

LOCATION: CORINTH COMMUNITY PARK

This event is designed for families with children with Autism, sensory sensitivities, and other special needs so they are able to enjoy an Easter Egg Hunt, in a more subtle and calm environment.

Location:

Corinth Community Park
3700 Corinth Parkway
Corinth, TX 76208

Date: Saturday, April 12th

Time: 1PM

This event will include the Sensory Friendly Easter egg hunt, a petting zoo, food trucks, local vendors, games and activities, pony rides, pictures with the Easter Bunny, bounce houses, train rides, and so much more! Admission and all activities are **FREE** at this event! The Sensory Friendly **Easter Egg Hunt will begin at 1 p.m.**





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APRIL SHOWERS