



MAY 2025

# EPIC STRIDES NEWS

The Official Newsletter of Epic Strides



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## EPIC REMINDERS

Please call Epic Strides main number for all scheduling related questions: 972-596-0035.

Our office will be closed Monday, May 26<sup>th</sup> for the Memorial Day holiday.

We are closed on the 27th for staff training.

## MAY PARENT TIP

### SUMMER PREPARATION

Start talking about the new summer schedule at least one month in advance. Discuss what your new schedule will look like while letting them know things will still be structured as much as possible.

You can even go so far as to practice the new summer schedule a couple of weekends leading up to summer break, depending on how well you think your child can adapt back and forth.

## CRAYOLA EXPERIENCE PLANO

### SENSORY-FRIENDLY ACTIVITIES

**Sensory Friendly Sundays at Crayola Experience Plano are here! See dates below:**  
- MAY 18TH -

On the third Sunday of select months Sensory Sundays are offered. These special mornings are designed for kids and families who would like to experience the attraction adapted just for sensory needs. The attraction opens at 10:00am-12:00pm.

- Lights will be dimmed & Music will be turned off
- Quiet room available
- Special guided craft at Cafe Crayola
- Crayon Factory Show @ 11:00am

## CHUCK E CHEESE

SENSORY SUNDAYS  
1604 PRESTON RD  
PLANO, TX 75099

### DEDICATED TIME FOR KIDS WITH AUTISM & SPECIAL NEEDS

We're proud to support families of children with autism and other special needs. Through our Sensory Sensitive Sundays™ program, participating locations open two hours early on the first Sunday of the month. They offer the following:

- A quieter environment
- Dimmed lighting
- A trained and caring staff to ensure each guest has a safe, fun-filled visit

## CHILDREN'S THEATER

**JAMES AND THE GIANT PEACH**  
DATE: MAY 3RD - TIME: 1:30PM

Based on the imaginative, beloved children's novel by Roald Dahl, young James Henry Trotter's resilience is tested when he is sent off to live with his mean aunts, Spiker and Sponge, after a chain of unfortunate incidents. Life is no fun there until he accidentally spills some tiny green things on a tree, and...voilà, a giant peach! When James and his new oversized friends - Grasshopper, Centipede, Ladybug, Earthworm, and Spider - snip the stem of the peach, the quest for happiness and great adventure lands them in New York City and at the center of attention!

The show begins at 1:30pm and it is only \$5 per person at the Dallas Children's Theater. Purchase by phone only 214.740.0051.

Recommended for ages 6 and up. Visit <https://www.dct.org/sensory/> if you have additional questions.

**To purchase tickets**, please call the DCT Box Office at 214.740.0051. Seating for the sensory-friendly performance will be general admission. If someone in your group needs wheelchair-accessible seating, please contact us at least 24 hours in advance so that we can ensure your time here at DCT is organized and well spent.

### Important Times to Note for Sensory-friendly Performances

12:30 PM Pre-show activities begin  
1:00 PM Doors to the theater are opened  
1:30 PM Show begins

### Family Resources

DCT creates a parent tipsheet, a social story, and a synopsis for each of our sensory performances so that our families have as much information as possible in advance of coming to the show. These are available to download on each performance page.





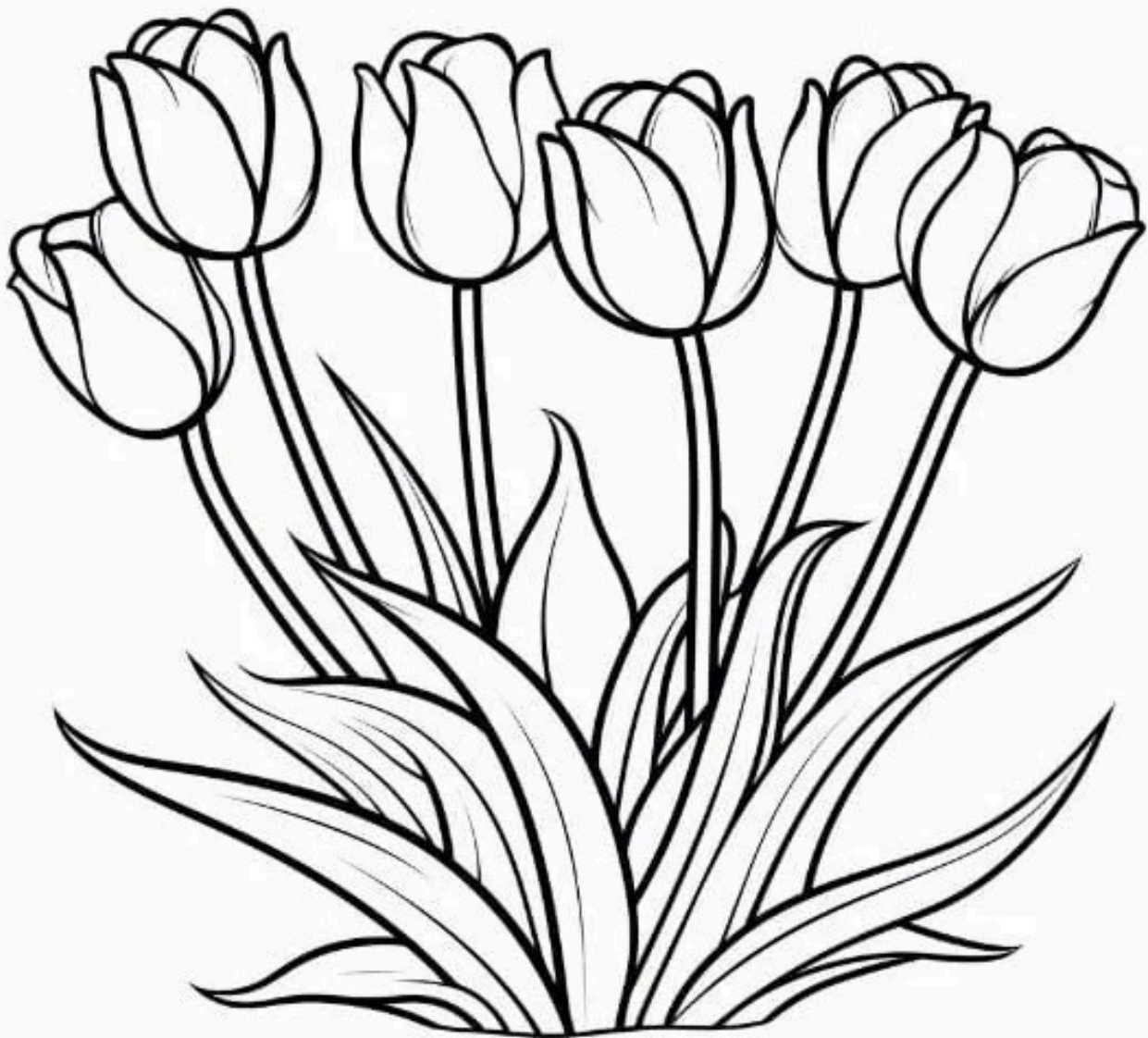
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## MAY FLOWERS